CREATIVE EDGE
creativeedge.co.uk

CHECKLIST

Getting Started with GAMSTOP: A Practical Checklist

- [ ] Visit gamstop.co.uk and read what exclusion covers and does not cover
- [ ] Decide which exclusion length suits you: six weeks, six months or five years
- [ ] Gather your personal details: full name, date of birth, address and email
- [ ] Register on GAMSTOP and save your confirmation email and reference number
- [ ] Check your existing gambling accounts to see if any need closing manually
- [ ] Note the GamCare helpline number: call if you need to talk through what happens next