CREATIVE EDGE
creativeedge.co.uk

CHECKLIST

Protecting your working hours from gambling

- [ ] Mark the start and end of your working day on a visible calendar or timer
- [ ] Remove gambling apps from your phone if business does not require them
- [ ] Install website blocking software on devices you use for work
- [ ] Log your actual working hours for one week, including when gambling happened
- [ ] Tell one trusted person you're working to protect your business hours
- [ ] Register with GamStop if you want to block access to licensed gambling sites
- [ ] Set up a separate device for business use only