CREATIVE EDGE
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CHECKLIST

Is gambling affecting your business? A checklist to work through

- [ ] Review your business bank statements for transactions you cannot explain.
- [ ] List the bills and invoices due this month and check whether any are overdue.
- [ ] Notice whether you are sleeping poorly or struggling to focus on work.
- [ ] Ask yourself whether you have borrowed money you did not plan to borrow.
- [ ] Check whether you are hiding spending from your business partner or family.
- [ ] Consider whether you are spending less time on growing your business than you used to.
- [ ] Write down one change in yourself or your business that worries you.
- [ ] Save the National Gambling Helpline number in your phone.